

Manitou Springs Aquatic Center

Schedule: March 29th – May 25th, 2006

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	6:00-8:00am Lap Swim	6:00-9:00am Lap Swim	6:00-8:00am Lap Swim	6:00-9:00am Lap Swim	6:00-8:00am Lap Swim	7:30-9:00am Lap Swim
	8:05-8:50am Aquatic Fit.	9:05-9:50am Aquatic Fit.	8:05-8:50am Deep Water Aerobics	9:05-9:50am Aquatic Fit.	8:05-8:50am Aqua Power	9:05-9:50am Aquatic Fitness
12:00-1:30pm Lap Swim	9:00-11:00am Rec Swim	10:00-10:45am Sr. Aerobics	9:00-11:00am Rec Swim	10:00-10:45am Sr. Aerobics	9:00am – 11:00am Rec Swim	
	11:00 - 11:45am Spec. Needs	11:00-2:00pm Lap Swim	11:00 - 11:45am Spec. Needs	11:00-2:00pm Lap Swim		10:00-12:00pm Nova Swim Team
1:30-4:00pm Rec Swim	12:00-2:00pm Lap Swim	2:00-3:15pm Rec/Lap Swim	12:00-2:00pm Lap Swim	2:00-3:15pm Rec/Lap Swim	11:00-11:45am Special Needs	
	2:00-4:00pm Rec/Lap Swim	3:15-4:00pm Swim Lessons Manitou Elementary	2:00-4:00pm Rec/Lap Swim	3:15-4:00pm Swim Lessons Manitou Elementary	12:00 - 2:00pm Lap Swim	12:00-1:30pm Lap Swim
	4:00-5:45pm Lap Swim	4:00-5:30pm Manitou Mantarys Swim Team	4:00-5:45pm Lap Swim	4:00-5:30pm Manitou Mantarys Swim Team	2:00-6:00 Rec/Lap Swim	1:30-4:00pm Rec Swim
	5:45-6:30pm Deep Water Aerobics	5:45-6:30pm Aquatic Fitness	5:45-6:30pm Aquatic Fitness	5:45-6:30pm Deep Water Aerobics		
	6:30-8:30pm Nova Swim Team	6:30-8:30pm Nova Swim Team	6:30-8:00 Special Olympics	6:30-8:30pm Nova Swim Team		

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